

COVID-19 Decision Tool for Child Care Centres and Parents / Caregivers

Last updated: February 25, 2021







EACH DAY complete the COVID-19 School and Child Care Screening Tool before attending child care
<https://covid-19.ontario.ca/school-screening/>

If your child FAILS the Screen, follow these steps:

Scenario 1	Parent/Caregiver Action
<p>Your child has any ONE of these symptoms:</p> <p>fever (37.8 °C or 100 °F or higher)</p> <p>cough</p> <p>hard to breathe</p> <p>decrease/loss taste or smell</p> <p>sore throat</p> <p>stuffy/runny nose</p> <p>headache</p> <p>nausea vomiting</p> <p>muscle aches</p> <p>very tired</p>	<ol style="list-style-type: none"> 1. Child and all household members MUST stay home. 2. Sick child should get tested. 3. While waiting for test results, all household members MUST stay home and cannot go to school, child care or work until COVID-19 has been ruled out. <p>BOOK A COVID-19 TEST:</p> <p>Online Booking: Covidtestinglm.ca</p> <p>Carling Heights Community Centre, London 519-685-8500 ext. 75503</p> <p>Oakridge Arena, London 519-667-6886</p>
<p>IF child's COVID-19 test is POSITIVE.</p>	<ol style="list-style-type: none"> 1. Public Health will contact you and let you know what to do. 2. Child and all people who live together MUST stay home, self-isolate*, and follow public health advice.
<p>IF child's COVID-19 test is NEGATIVE.</p>	<ol style="list-style-type: none"> 1. Child can go back to child care once ALL of the following apply: <ul style="list-style-type: none"> • They have been feeling better for 24 hours • They do not have a fever without using medication • They were not in close physical contact with someone who has COVID-19 2. All people in the house can go back to school, child care, and work if they are well and there are no other pending results for other household members. <p>Note: A child or household members who are a close contact of a COVID-19 case cannot go back to school/child care/work, even if they tested negative. See Scenario 2 for more information.</p>
<p>IF child was not tested.</p>	<ol style="list-style-type: none"> 1. Child MUST stay home. 2. Child MUST self-isolate away from others for 10 days from the day symptoms started. 3. All members of your household must stay home and self-isolate for 14 days from when your child developed symptoms. <p>Note: A child may only be able to return to child care earlier than 10 days if ALL the following apply: a doctor diagnosed the child with another illness, the child does not have a fever (without using medication), and it has been at least 24 hours since the symptoms started improving.</p>

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Scenario 2	Parent/Caregiver Action
<p>Child is a close contact of a COVID-19 case (confirmed by public health).</p> 	 <ol style="list-style-type: none">1. Child that is a close contact MUST stay home.2. Child that is a close contact MUST self-isolate away from others in the home. If self-isolation away from others in the home is not possible, those in contact with the child MUST also self-isolate.3. Household members who are well AND isolating away from the child that is a close contact can ONLY leave the household for essential reasons. Essential reasons include:<ol style="list-style-type: none">a. Attending work/school/child careb. Essential errands such as groceries, attending medical appointments or picking up prescriptions.4. If anyone in the household develops symptoms, everyone in the home MUST stay home and self-isolate until the individual with symptoms receives a negative COVID-19 test or is provided with an alternative diagnosis from a health care provider.5. Public Health will give direction on self-isolation and when child can return to regular activities.6. Have your child that is a close contact tested for COVID-19, 7 days after their exposure, even if they do not have symptoms.7. If child that is a close contact tests negative, the child MUST still complete the full self-isolation period.
Scenario 3	Parent/Caregiver Action
<p>Child or anyone in the household has travelled outside of Canada.</p> 	 <ol style="list-style-type: none">1. Child cannot go to child care.2. Child MUST self-isolate for 14 days. Household members SHOULD stay home for 14 days too.3. Child can return to child care after 14 days if they have no symptoms and pass the screening tool.4. If child develops symptoms of COVID-19 while self-isolating, child should be tested. <p>Note: Anyone who travels outside of Canada MUST self-isolate in accordance with provincial and federal legislation.</p>

*Self-Isolate means: stay home and avoid contact with other people.